



# Stone Bay School Lunch Menu

<b>Allergen</b>	<b>Allergen Abbreviation</b>
Gluten	G
Milk	M
Egg	E
Fish	F
Celery	C
Soya Beans	SB
Sesame	S
Lupin	L
Sulphites	Su
Mustard	Mu
Crustacean	Cr
Molluscs	Mo
Nuts	N
Peanuts	P
Dairy	D

# Jacket Potatoes

Filling	
Cheese	Dairy
Tuna	F
Baked Beans	

# Sandwiches

## Baguettes & Rolls

Breads		Fillings	
White Bread/ Baguettes & Rolls	G, SB	Cheese	M, Dairy
		Ham	
		Butter	Dairy

**Selected Jacket Potatoes/ Sandwiches/ Baguettes and Rolls are subject to availability**

# Stone Bay School Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Pork or Quorn Sausages <b>G,Su, SB</b>	Savoury Chicken or Vegetable Rice	Roast Chicken with Stuffing or Quorn Fillet <b>G, E</b>	Pasta Bolognese or Quorn Bolognese with Cheese <b>G,D,Su, G,D,E</b>	Breaded Fish or Vegetable Nuggets <b>F,G, G,Mu</b>
2nd Choice	Home Made Salmon & Ketchup Fish cake <b>G,E,F</b>	Cheese & Ham Salad Pasta Bowl <b>G,D,E</b>	Meat Loaf with BBQ Sauce <b>G,E, Mu, Su</b>	Sweet & Sour Chicken with Noodles <b>G</b>	Breaded Chicken Breast <b>G,Mu</b>
Side Dish	New Potatoes or Hash Brown <b>G,D</b>	Naan Bread <b>G</b>	Roast Potatoes or New Potatoes	Garlic Bread <b>G,D</b>	Chips
Vegetables	Baked Beans or Tinned Tomatoes	Mixed Veg	Selection of Veg	Mixed Veg	Peas or Baked Beans
Dessert	Rice Pudding & Peaches or Fresh Fruit or Yoghurt <b>D, D</b>	Chocolate Beetroot Brownie or Fresh Fruit or Yoghurt <b>G,D,E, D</b>	Iced Bun or Fresh Fruit or Yoghurt <b>G,E, D</b>	Apple Muffin or Fresh Fruit or Yoghurt <b>F, D</b>	Oat Cookie or Fresh Fruit or Yoghurt <b>G, D</b>

**Salad {C} and/or Bread {G} also available if requested**

If you feel your child will require a Mid-Morning Snack please could you send in a 'Health' Option for them

# Stone Bay School Menu

Week 2	Monday		Tuesday		Wednesday		Thursday		Friday	
Main Choice or Vegan Choice	Homemade Meat Feast or Margarita Pizza	<b>G,D, Mu</b>	Mild Chicken or Vegetable Curry with Rice		Roast Gammon with Yorkshire Pudding or Carrot & Lentil Loaf	<b>G,E  G,E</b>	Meatballs with Tomato Pasta or Tomato Pas- ta with Cheese	<b>G,E, Mu  G,D</b>	Jumbo Breaded Fish or Vegetable Fingers	<b>G,F   G</b>
2nd Choice	Pepper & Sweetcorn Frittata	<b>G,D, Mu</b>	Tuna Salad Pasta Bowl	<b>G,F</b>	Macaroni Cheese with Bacon	<b>G,D, Mu</b>	Sausage Hot Pot	<b>G,Mu</b>	Chicken Fajita	<b>G,Mu</b>
Side Dish	New Potatoes or Potato Wedge		Garlic Bread	<b>G,D</b>	Roast Potatoes or New Potatoes		Garlic Bread	<b>G,D</b>	Chips	
Vegetables	Baked Beans or Tinned To- matoes		Mixed Vegetables		Selection of Vegetables		Sweetcorn or Peas		Peas or Baked Beans	
Dessert	Iced Sponge or Fresh Fruit or Yoghurt	<b>G,E,D  D</b>	Lemon Sponge or Fresh Fruit or Yoghurt	<b>G,E  D</b>	Carrot Cake or Fresh Fruit or Yoghurt	<b>G,E, Su  D</b>	Blueberry Muffin or Fresh Fruit or Yoghurt	<b>G,E  D</b>	Ginger Bread Man or Fresh Fruit or Yoghurt	<b>G   D</b>

**Salad {C} and/or Bread {G} also available if requested**

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# Stone Bay School Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice or Vegan Choice	Homemade Burger in a Roll or Homemade Vegetable Burger in a Roll	Beef Chilli or Quorn Chilli with Rice	Roast Pork with Stuffing or Macaroni Cheese	Chicken in Pitta Bread or Falafel in Pitta Bread	Breaded Fish or Vegetarian Sausage
2nd Choice	Cheese & Tomato Whirl	Chicken Salad Pasta Bowl	Chicken Rissole	Quiche	Chicken Enchiladas
Side Dish	Hash Browns or New Potatoes	Naan Bread	Roast or New Potatoes	Potato Wedges or New Potatoes	Chips
Vegetables	Peas or Sweetcorn	Mixed Vegetables	Selection of Vegetables	Peas or Sweetcorn	Peas, Baked Beans and Salad
Dessert	Summer Fruit Yoghurt Crunch or Fresh Fruit or Yoghurt	Fruit Flapjack or Fresh Fruit or Yoghurt	Victoria Sponge or Fresh fruit or Yoghurt	Banana Muffin or Fresh Fruit or Yoghurt	Chocolate Biscuit or Fresh Fruit or Yoghurt

**Salad {C} and/or Bread {G} also available if requested**

If you feel your child will require a Mid-Morning Snack please could you send in a 'Health' Option for them