

# Stone Bay School Lunch Menu 2025/26



| Allergen   | Allergen Abbreviation |
|------------|-----------------------|
| Gluten     | G                     |
| Milk       | M                     |
| Egg        | E                     |
| Fish       |                       |
| Celery     | С                     |
| Soya Beans | SB                    |
| Sesame     | S                     |
| Lupin      | L                     |
| Sulphites  | Su                    |
| Mustard    | Mu                    |
| Crustacean | Cr                    |
| Molluscs   | Мо                    |
| Nuts       | N                     |
| Peanuts    | Р                     |
| Dairy      | D                     |

## Jacket Potatoes & Sandwiches/Baguettes/Rolls on menu every day subject to availability

#### **Jacket Potatoes**



| Filling     |   |  |  |  |  |
|-------------|---|--|--|--|--|
| Cheese      | D |  |  |  |  |
| Tuna        | F |  |  |  |  |
| Baked Beans |   |  |  |  |  |
| Butter      | D |  |  |  |  |

## Sandwiches/Baguettes/Rolls



| Filling                             |       |  |  |  |  |  |
|-------------------------------------|-------|--|--|--|--|--|
| White<br>Bread/Baguettes &<br>Rolls | G, SB |  |  |  |  |  |
| Cheese                              | M, D  |  |  |  |  |  |
| Ham                                 |       |  |  |  |  |  |
| Butter                              | D     |  |  |  |  |  |

#### **Week One Menu**

| Week One<br>Menu  | Monday   | Allergen  | Tuesday  | Allergens | Wednesday                                      | Allergens  | Thursday                                       | Allergens  | Friday   | Allergens |
|-------------------|--|-----------|--|-----------|--|------------|--|------------|--|-----------|
| First Option      | PORK SAUSAGE                                   | G SU      | MILD CHICKEN CURRY WITH<br>RICE                | С         | ROAST CHICKEN WITH<br>STUFFING                 | G          | PASTA BOLOGNESE WITH CHEESE                    | G D        | BREADED FISH                                   | GFE       |
| Vegetarian Option | VEGETARIAN SAUSAGE                             | SB        | BUTTERNUT SQUASH CURRY                         | С         | CHEESE AND BROCOLI<br>QUICHE                   | GDE        | QUORN BOLOGNESE WITH CHEESE                    | GDE        | VEGETARIAN NUGGETS                             | GEM       |
| Second Option     | TOMATO KETCHUP AND<br>SALMON FISH CAKE         | GFE       | CHEESE AND HAM PASTA<br>BOWL                   | GDC       | MEAT LOAF WITH BBQ<br>SAUCE                    | GE         | CHICKEN AND VEGETABLE COUS<br>COUS             | G          | BREADED CHICKEN BREAST                         | GEM       |
| Side Dish         | HASH BROWNS OR NEW POTATO                      |           | NAAN BREAD                                     | G         | ROAST POTATO OR NEW POTATO                     |            | GARLIC BREAD                                   | G D        | CHIPS OR NEW POTATO                            |           |
| Vegetables        | BAKED BEANS OR TINNED<br>TOMATO                |           | MIXED VEG                                      |           | SELECTION OF VEGETABLES                        |            | MIXED VEGETABLES                               |            | BAKED BEANS OR PEAS                            |           |
| Other Option      | JACKET POTATO WITH TUNA<br>OR BEANS AND CHEESE | FD        | JACKET POTATO WITH TUNA<br>OR BEANS AND CHEESE | DF        | JACKET POTATO WITH TUNA<br>OR BEANS AND CHEESE | DF         | JACKET POTATO WITH TUNA OR<br>BEANS AND CHEESE | DF         | JACKET POTATO WITH TUNA<br>OR BEANS AND CHEESE | DF        |
| Or                | CHEESE OR HAM<br>BAGUETTE                      | G D       | CHEESE OR HAM ROLL                             | DG        | CHEESE OR HAM<br>SANDWICH                      | G D        | CHEESE OR HAM BAGUETTE                         | G D        | CHEESE OR HAM<br>SANDWICH                      | G D       |
|                   | SALAD  | С         | SALAD  | С         | SALAD  | С          | SALAD  | С          | SALAD  | С         |
|                   | BREAD  | G         | BREAD  | G         | BREAD  | G          | BREAD  | G          | BREAD  | G         |
| Dessert           | CHOCOLATE COCONUT SLICE                        | GDE       | APPLE FLAPJACK                                 |           | ICED SPONGE                                    | GE         | CORNFLAKE MARSHMALLOW<br>SQUARE                | G D        | OAT COOKIE                                     | G         |
| Or                | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D         | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D         | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D          | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D          | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D         |
|                   | IF YOU FEFL                                    | YOUR CHII | D WILL REQUIRE A MI                            | ID-MORNIN | NG SNACK PLEASE COL                            | JLD YOU SE | ND IN A "HEALTHY" OPTION                       | I FOR THEN | 1  |           |

Salad (C) and/or Bread (G) available daily on request

#### **Week Two Menu**

| Week Two<br>Menu  | Monday   | Allergen | Tuesday                                   | Allergen | Wednesday                                 | Allergen | Thursday                                  | Allergen | Friday                                    | Allergen |
|-------------------|--|----------|---|----------|---|----------|---|----------|---|----------|
| First Option      | BURGER IN A BUN WITH<br>CHEESE   | G D      | CHICKEN SAVOURY RICE                      |          | ROAST GAMMON WITH<br>YORKSHIRE PUDDING    | GE       | CHILLI                                    |          | BREADED FISH                              | GF       |
| Vegetarian Option | VEGI BURGER IN A BUN<br>WITH CHEESE  | GDE      | VEGETABLE SAVOURY RICE                    |          | MACARONI CHEESE                           | G D      | 5 BEAN CHILLI                             |          | VEGETARIAN SAUSAGE                        | GE       |
| Second Option     | CHEESE AND TOMATO<br>WHIRL   | G D      | TUNA PASTA SALAD BOWL                     | FGC      | CHICKEN RISSOLE                           | GE       | Chinese chicken noodles                   | G SB     | Chicken fajita                            | S SB G   |
| Side Dish         | POTATO WEDGES OR NEW POTATO  |          | NAAN BREAD                                | G        | ROAST POTATO OR NEW POTATO                |          | RICE OR JACKET POTATO                     |          | CHIPS OR NEW POTATO                       |          |
| Vegetables        | PEAS OR SWEETCORN  |          | MIXED VEGETABLES                          |          | SELECTION OF VEGETABLES                   |          | PEAS OR SWEETCORN                         |          | PEAS OR BAKED BEANS                       |          |
| Other Option      | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS   | GDF      | JACKET POTATO WITH TUNA<br>OR BAKED BEANS | DF       | JACKET POTATO WITH TUNA<br>OR BAKED BEANS | DF       | JACKET POTATO WITH TUNA<br>OR BAKED BEANS | G D      | JACKET POTATO WITH TUNA<br>OR BAKED BEANS | DF       |
| Or                | HAM OR CHEESE<br>BAGUETTE  | G D      | CHEESE OR HAM ROLL                        | G D      | CHEESE OR HAM<br>SANDWICH                 | G D      | CHEESE OR HAM<br>BAGUETTE                 | G D      | CHEESE OR HAM<br>SANDWICH                 | G D      |
|                   | SALAD  | С        | SALAD                                     | С        | SALAD                                     | С        | SALAD                                     | С        | SALAD                                     | С        |
|                   | BREAD  | G        | BREAD                                     | G        | BREAD                                     | G        | BREAD                                     | G        | BREAD                                     | G        |
| Dessert           | APPLE BERRY FOOL   | D        | BANANA BREAD                              | GE       | Iced bun                                  | GE       | CARROT CAKE                               | GE       | BUTTERSCOTCH COOKIE                       | GE       |
| Or                | PIECE OF FRESH FRUIT OR<br>YOGHURT   | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT        | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT        | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT        | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT        | D        |
|                   | IF YOU FEEL YOUR CHILD WILL REQUIRE A MID-MORNING SNACK PLEASE COULD YOU SEND IN A "HEALTHY" OPTION FOR THEM |          |   |          |   |          |   |          |   |          |

Salad (C) and/or Bread (G) available daily on request

#### **Week Three Menu**

| Week Three<br>Menu | Monday   | Allergen | Tuesday  | Allergen | Wednesday                                      | Allergen | Thursday                                       | Allergen | Friday   | Allergen |
|--------------------|--|----------|--|----------|--|----------|--|----------|--|----------|
| First Option       | MEAT FEAST PIZZA WITH<br>HIDDEN VEG SAUCE  | G D      | CHICKEN AND BROCCOLI<br>PASTA                  | G D      | ROAST PORK WITH<br>STUFFING                    | G        | BREADED CHICKEN IN PITTA<br>BREAD              | G        | JUMBO FISH FINGERS                             | GF       |
| Vegetarian Option  | CHEESE PIZZA WITH HIDDEN<br>VEG SAUCE  | G D      | MORROCON COUS COUS                             | G        | CARROT AND LENTIL LOAF                         | GDE      | QUORN NUGGETS IN PITTA<br>BREAD                | GME      | VEGGIE FINGERS                                 | G        |
| Second Option      | VEGETABLE FRITTATA   | ED       | CHICKEN PASTA BOWL                             | GC       | STEAK PIE                                      | GE       | MAC N CHEESE LOADED<br>WITH MEXICAN PORK       | GDM      | SAUSAGE ROLL                                   | G M SU   |
| Side Dish          | POTATO WEDGES OR NEW POTATO  |          | GARLIC BREAD                                   | G D      | ROAST POTATO OR NEW POTATO                     |          | POTATO WEDGES OR NEW POTATO                    |          | CHIPS OR NEW POTATO                            |          |
| Vegetables         | PEAS OR SWEETCORN  |          | MIXED VEGETABLES                               |          | SELECTION OF VEGETABLES                        |          | PEAS OR SWEETCORN                              |          | BAKED BEANS OR PEAS                            |          |
| Other Option       | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS   | DF       | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS | DF       | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS | DF       | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS | DF       | JACKET POTATO WITH TUNA<br>OR CHEESE AND BEANS | DF       |
| Or                 | CHEESE OR HAM<br>BAGUETTE  | DG       | CHEESE OR HAM ROLL                             | GD       | CHEESE OR HAM<br>SANDWICH                      | G D      | CHEESE OR HAM<br>BAGUETTE                      | G D      | CHEESE OR HAM<br>SANDWICH                      | G D      |
|                    | SALAD  | С        | SALAD  | С        | SALAD  | С        | SALAD  | С        | SALAD  | С        |
|                    | BREAD  | G        | BREAD  | G        | BREAD  | G        | BREAD  | G        | BREAD  | G        |
| Dessert            | SUMMER BERRY YOGHURT<br>CRUNCH   | D        | APPLE AND BANANA CAKE                          | GE       | ICED SPONGE                                    | GE       | FRUIT JELLY                                    |          | GINGER BREAD PERSON                            | G        |
| Or                 | PIECE OF FRESH FRUIT OR<br>YOGHURT   | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D        | PIECE OF FRESH FRUIT OR<br>YOGHURT             | D        |
|                    | IF YOU FEEL YOUR CHILD WILL REQUIRE A MID-MORNING SNACK PLEASE COULD YOU SEND IN A "HEALTHY" OPTION FOR THEM |          |  |          |  |          |  |          |  |          |

Salad (C) and/or Bread (G) available daily on request

### Menu Rota for 2025/26

| September  |        |  |  |  |  |  |  |
|------------|--------|--|--|--|--|--|--|
| 01/09/2025 | Week 1 |  |  |  |  |  |  |
| 08/09/2025 | Week 2 |  |  |  |  |  |  |
| 15/09/2025 | Week 3 |  |  |  |  |  |  |
| 22/09/2025 | Week 1 |  |  |  |  |  |  |
| 29/09/2025 | Week 2 |  |  |  |  |  |  |

| Octo       | ober   |
|------------|--------|
| 06/10/2025 | Week 3 |
| 13/10/2025 | Week 1 |
| 20/10/2025 |        |
| 27/10/2025 | Week 1 |

| November   |        |  |  |  |  |  |  |
|------------|--------|--|--|--|--|--|--|
| 03/11/2025 | Week 2 |  |  |  |  |  |  |
| 10/11/2025 | Week 3 |  |  |  |  |  |  |
| 17/11/2025 | Week 1 |  |  |  |  |  |  |
| 24/11/2025 | Week 2 |  |  |  |  |  |  |

| Dece       | mber   |
|------------|--------|
| 01/12/2025 | Week 3 |
| 08/12/2025 | Week 1 |
| 15/12/2025 | Week 2 |
| 22/12/2025 |        |
| 29/12/2025 |        |

| January    |        |  |  |  |  |  |
|------------|--------|--|--|--|--|--|
| 05/01/2026 | Week 1 |  |  |  |  |  |
| 12/01/2026 | Week 2 |  |  |  |  |  |
| 19/01/2026 | Week 3 |  |  |  |  |  |
| 26/01/2026 | Week 1 |  |  |  |  |  |

| February   |        |  |  |  |  |  |  |
|------------|--------|--|--|--|--|--|--|
| 02/02/2026 | Week 2 |  |  |  |  |  |  |
| 09/02/2026 | Week 3 |  |  |  |  |  |  |
| 16/02/2026 |        |  |  |  |  |  |  |
| 23/02/2026 | Week 1 |  |  |  |  |  |  |

| Ma         | March  |  |
|------------|--------|--|
| 02/03/2026 | Week 2 |  |
| 09/03/2026 | Week 3 |  |
| 16/03/2026 | Week 1 |  |
| 23/03/2026 | Week 2 |  |
| 30/03/2026 | Week 3 |  |

| April      |        |
|------------|--------|
| 06/04/2026 |        |
| 13/04/2026 |        |
| 20/04/2026 | Week 1 |
| 27/04/2026 | Week 2 |

| May        |        |
|------------|--------|
| 04/05/2026 | Week 3 |
| 11/05/2026 | Week 1 |
| 18/05/2026 | Week 2 |
| 25/05/2026 |        |

| June       |        |
|------------|--------|
| 01/06/2026 | Week 1 |
| 08/06/2026 | Week 2 |
| 15/06/2026 | Week 3 |
| 22/06/2026 | Week 1 |
| 29/06/2026 | Week 2 |

| July       |        |
|------------|--------|
| 06/07/2026 | Week 3 |
| 13/07/2026 | Week 1 |
| 20/07/2026 | Week 2 |